

Norland Health Prescriptions

This consists of all the Norland
Product prescriptions, Dosage
and usage.



ACNE

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **MEBO Cream**
- **Facial Mask**

Dosage and Usage

- 3-5 softgels 2x daily
- 1 sachet 2-3x daily
- Rub on the face
- Wear on the face

ARTHRITIS

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **Calcium iron Zinc**
- **Propolis-Lecithin**
- **Anion Pantiliner Strip**
- **Alkaline cup**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet 2-3x daily
- 1 cap 2x daily
- 2 caps 2x daily
- Add to drinking water
- For drinking water only

ASTHMA

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **Health Pad(M or F)**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet 2-3x daily
- 1 cap 2x daily

BLADDER INFECTION

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **Calcium iron Zinc**
- **Propolis-Lecithin**
- **Anion Pantiliner Strip**
- **Alkaline cup**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet 2-3x daily
- 1 cap 2x daily
- 2 caps 2x daily
- Wear pad for 4-6hrs
- 1 sachet 2-3x daily

BLEEDING GUM

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Sunlit Mouth wash**
- **Herbal Toothpaste**

DOSAGE AND USAGE

- Chew 5 softgels 2x daily
- Rise mouth 2x daily
- Use 2x daily

BODY ODOR

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **MEBO GI cream**
- **B-Carotene**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- Mix liquid with cream
- Rub morning and night
- 1 caps 2x daily

BOILS

PRODUCT PRESCRIPTION

- **Immune Plus Capsule**
- **Herbal Toothpaste**

DOSAGE AND USAGE

- 1 cap 2x daily
- Rub on Boil

BLOOD INFECTIONS

PRODUCT PRESCRIPTION

- **Oligopeptide**
- **Immune Pluse Capsule**
- **Propolis-Lecithin**
- **M or F Health Pad**

DOSAGE AND USAGE

- 2 sachets 2-3 daily
- 1 cap 2x daily
- 2 caps 2x daily
- Ear for 4-6hrs daily

BLOOD IN URINE

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **Ginseng Cordyceps**
- **Propolis-Lecithin**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachets 2-3x daily
- 1 cap 2x daily
- 2 caps 2x daily

BREAST CANCER

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **Immune Pluse capsule**
- **B-Carotene**
- **Anion Pantiliner Strip**
- **Alkaline Cup**
- **Detox Pro Pack**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet 2-3x daily
- 1 cap 2x daily
- 2 caps 2x daily
- Put strip in drinking water
- Use to drink water
- Dr's Assistance Needed

BROKEN BONES

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **Calcium Iron Zinc**

DOSAGE AND USAGE

- 5 softels 2x daily
- 1 sachet 2-3x daily
- 1 cap 2x daily

BULIMIA

PRODUCT PRESCRIPTION

- **GI Vital softgel**

DOSAGE AND USAGE

- Chew 5 softgels daily

BURNS

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **B-Carotene**
- **Propolis-Lecithin**
- **Immune Pluse**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- Apply oil on affected area
- 1 sachets 2-3x daily
- 1 cap 2x daily
- 1 cap 2x daily

CANCER (CERVICAL)

PRODUCT PRESCRIPTION DOSAGE AND USAGE

- **GI Vital softgel** • 3-5 softgels 2x daily
- **Oligopeptide** • 1 sachet 2-3x daily
- **Immune Pluse capsule** • 1 cap 2x daily
- **Propoplis-Lecithin** • 2 caps 2x daily
- **Ginseng Cordyceps** • 1 cap 2x daily
- **B-Carotene** • 1 cap 2x daily
- **Anion Pantiliner Strip** • Put strip in drinking water
- **Alkaline Cup** • Wear each pad for 4-6hours
- **Detox Pro Pack** • Use to drink water

CANCER (PROSTATE)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **Immune Pluse capsule**
- **Propoplis-Lecithin**
- **Ginseng Cordyceps**
- **B-Carotene**
- **Anion Pantiliner Strip**
- **Male health Pad**
- **Alkaline Cup**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet 2-3x daily
- 1 cap 2x daily
- 2 caps 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- Put strip in drinking water
- Wear each pad for 4-6hours
- Use to drink water

CATARACTS

(Opaque or cloudy eye lens)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Vision vitale**
- **Oligopeptide**
- **B-Carotene**
- **Detox Pack pro**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 sachet 2x daily
- 1 cap 2x daily
- Dr's Assistance Needed

CATARRH

PRODUCT PRESCRIPTION

- **Kudding tea**
- **Cordyceps coffee**
- **Propolis Lecithin**
- **Zinc Granules (children)**

DOSAGE AND USAGE

- 1 sachet daily
- 2 sachet daily
- 2 caps 2x daily
- 1 sachet 2x daily

CHIKEN POX

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Zinc grannule**
- **Propolis-Lecithin**
- **B-Carotene**

DOSAGE AND USAGE

- 1 softgels 2x daily
- 1 sachet 2x daily
- 2 caps 2x daily
- 1 cap 2x daily

CELLULITIES

(Accumulation of fat, protein, liquid, in the abdomen, the waist, hip)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Islym**
- **Kudding Tea**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- Chew 1-2 bars daily
- 1 sachet daily

CHOLERA

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **B-carotene**
- **Calcium iron zinc**
- **B-Carotene**
- **Oligopeptide**

DOSAGE AND USAGE

- 1-2 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- 1 sachet 2-3x daily

CHRONIC FATIGUE/WEAKNESS

PRODUCT PRESCRIPTION

- Proplis-Lecithin
- Kudding Tea
- Cordyceps Coffee
- Energy Bracelet

DOSAGE AND USAGE

- 2 cap 2x daily
- 1 sachet 1x daily
- 1 sachet 1x daily
- Wear on wrist

CIRRHOSIS

(Disease of the liver)

PRODUCT PRESCRIPTION

- GI Vital softgel
- Hypoglycemic Herbal
- Propolis-lecithin

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 2 caps 2x daily

COLD/FLU

PRODUCT PRESCRIPTION

- Kudding tea
- Cordyceps coffee
- Propolis Lecithin
- Zinc Granules (children)

DOSAGE AND USAGE

- 1 sachet 1x daily
- 1 sachet 2x daily
- 1 caps 2x daily
- Sachet 2x daily

COLITIS

(Inflammation of the colon or large intestine)

PRODUCT PRESCRIPTION

- GI Vital softgel
- Oligopeptide
- Propolis-lecithin

DOSAGE AND USAGE

- 5 softgels 2x daily
- 1 sachet 2-3x daily
- 2 caps 2x daily

CONJUCTIVITIES

PRODUCT PRESCRIPTION

- **Vision Vitale**
- **B-Carotene**

DOSAGE AND USAGE

- 1 cap 2x daily
- 1 cap 2x daily

CONSTIPATION

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **Kudding tea**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet 2-3x daily
- 1 sachet 1x daily

CRAMPS/MUSCULAR PAIN

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Calcium iron zinc**
- **Oligopeptide**
- **EnergyBracelet**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 sachet 2x daily
- Wear on wrist

CYSTITIS

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Immune pluse cpsule**
- **Propolis-Lecithin**
- **Female Health Pad**
- **Anion Sanitary Pad**
- **Anion Pantliner strip**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 2 caps 2x daily
- Wear for 4-6hours
- Wear consecutively
- Add strip to drinking water

DEMENTIA

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **Calcium iron zinc**
- **Propolis lecithin**
- **Cordyceps coffee**
- **Energy Bracelet**
- **Head Massager**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet 2-3x daily
- 1 cap 2x daily
- 2 caps 2x daily
- 1 sachet daily
- Wear on wrist
- Check pack for direction

DIABETES

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Hypoglycemic capsule**
- **Propolis lecithin**
- **Cordyceps Candy**
- **Oligopeptide**
- **Kudding tea**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 2 caps 2x daily
- Chew 1 cap 2x daily
- 1 sachet 2-3x daily
- 1 sheet daily

DIARRHOEA

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Calcium iron zinc**
- **Immune plus or Vital**
- **Kudding tea**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- 1 sachet daily

DRY SKIN

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **B-Carotene**
- **Facial mask**
- **MEBO Cream**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- Wear on face
- Rub on skin

DYSLEXIA

(In children)

PRODUCT PRESCRIPTION

- **Zinc Granules**
- **B-Carotene**

DOSAGE AND USAGE

- 1 sachet 2x daily
- 1 cap 2x daily

ECZEMA

PRODUCT PRESCRIPTION

- **MEBO Cream**
- **B-Carotene**
- **Immune plus capsule**
- **Facial mask**
- **Herbal Toothpaste**

DOSAGE AND USAGE

- Rub on affected areas
- 1 cap 2x daily
- 1 caps 2x daily
- Wear on face
- Rub on affected areas

ELEPHANTIASIS

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Ginseng Cordyceps**
- **Calcium iron zinc**
- **Oligopeptide**
- **Health Pad**
- **Detox Pro Pack**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- chew 1 cap 2x daily
- 1 caps 2x daily
- 1 sachet 2-3x daily
- wear for 4-6 hours
- Dr's assistance needed

EPILEPSY

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Calcium iron zinc**
- **Propolis- lecithin**
- **Oligopeptide**
- **Alkaline cup**
- **Detox Pro Pack**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 2 caps 2x daily
- 1 sachet 2-3x daily
- Use to drink water
- Dr's assistance needed

EYE DEFECTS

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Vision vitale**
- **B-carotene**
- **Oligopeptide**
- **Detox Pro Pack**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 caps 2x daily
- 1 sachet 2-3x daily
- Dr's assistance needed

FACE WRINKLES

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **MEB Cream**
- **Facial mask**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet 2-3x daily
- Rub on the face
- Wear on the face

FATIGUE/STRESS/WEAKNESS

PRODUCT PRESCRIPTION

- **Kudding tea**
- **Cordyceps coffee**
- **Proplis-lecithin**
- **Energy Bracelet**
- **Alkaline cup**
- **Anion**

DOSAGE AND USAGE

- 1 Sachet daily
- 1 Sachet daily
- 2 caps 2x daily
- Wear on the wrist
- Use to drink water
- Add to drinking

FIBROID

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Immune pluse cpsule**
- **Calcium zinc iron**
- **Female Health Pad**
- **Anion Pantliner strip**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 caps 2x daily
- wear for 4-6hours
- Add to drinking water

GALL BLADDER

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Hypoglycaemic Herbal**
- **B-Carontene**
- **Immune plus or vital**
- **Oligopeptide**
- **Alkaline cup**
- **Detox Pro Pack**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- 1 sachet 2-3x daily
- Use in drinking water
- Dr's Assistance needed

GANGRENE

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **B-Carontene**
- **Propolis-Lecithin**
- **Oligopeptide**
- **Energy Bracelet**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 2 caps 2x daily
- 1 sachet 2-3x daily
- Wear on the wrist

GASTRITIS

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Anion Pantiliner Strip**
- **Alkaline cup**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- Add to drinking water
- Use in drinking water

GLAUCOMA

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Vision vitale**
- **B-carotene**
- **Oligopeptide**
- **Detox Pro Pack**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 caps 2x daily
- 1 sachet 2-3x daily
- Dr's assistance needed

GREY HAIR/BALD HAIR/HAIR LOSS

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **B-Carotene**
- **Oligopeptide**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet 2-3x daily
- Use for drinking water

GONORRHEA

(For Men)

PRODUCT PRESCRIPTION DOSAGE AND USAGE

- **GI Vital softgel**
 - **Immune plus**
 - **Propolis-Lecithin**
 - **Oligopeptide**
 - **Anion Pantiliner Strip**
 - **Female Health**
- 3-5 softgels 2x daily
 - 1 cap 2x daily
 - 2 caps 2x daily
 - 1 sachet 2x daily
 - Add to drinking water
 - Wear pad for 4-6 hours

GOUT

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Calcium iron zinc**
- **B-Carotene**
- **Oligopeptide**
- **Alkaline Cup**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- 1 sachet 2x daily
- Use for drinking water

HEART PROBLEM

PRODUCT PRESCRIPTION DOSAGE AND USAGE

- **GI Vital softgel**
 - **Kudding tea**
 - **Alkaline cup**
 - **Titanium frying pan**
- 3-5 softgels 2x daily
 - 1 sachet 2-3x daily
 - Use for drinking water
 - Fry food without oil

HIGH CHOLESTEROL

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Kuding tea**
- **Cordyceps Coffee**
- **Islym Gourmet**
- **Titanium frying pan**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet 2x daily
- 1 sachet daily
- Chew 1 packet daily
- Fry food without oil

HYPERTENSION

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Propolis-Lecithin**
- **B-Carotene**
- **Kudding tea**
- **Alkaline cup**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2cap 2x daily
- 1 caps 2x daily
- 1 sachet 2x daily
- Use for drinking water

HYPOGLYCEMIA

(Low Blood Sugar Level)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **B-carotene**
- **Immune Plus**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily

HEADACHE/MIGRAINE

PRODUCT PRESCRIPTION

- **Calcium iron zinc**
- **Proplis-Lecithin**
- **Cordyceps Coffee**
- **Anion Pantliner strip**
- **Alkaline cup**

DOSAGE AND USAGE

- 1 cap 2x daily
- 2 caps 2x daily
- 1 sachet daily
- Add to drinking water
- Use for drinking water

HIV/AIDS

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Immune Plus or Vital**
- **Propolis-Lecithin**
- **Calcium Iron zinc**
- **Oligopeptide**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 2 caps 2x daily
- 1 cap 2x daily
- 1 sachet 2-3x daily

HEPATITIS

(Inflammation of the Liver)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Hypoglycemic Herbal**
- **Propolis-Lecithin**
- **Oligopeptide**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 2 caps 2x daily
- 1 sachet 2-3x daily

HYPERTHYROIDISM

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Immune Plus or Vital**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily

(Thyroid gland producing too much hormone thyroxin, causing unintentional weight loss and irregular heart beat)

HIATUS HERNIA

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Kudding tea**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet daily

occurs when the stomach pushes upward , through the diaphragm into the chest)

HORMONAL IMBALANCE

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Immune Plus or Vital**
- **Calcium Iron zinc**
- **Propolis-Lecithin**
- **Oligopeptide**
- **Alkaline Water**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- 2 caps 2x daily
- 1 sachet 2-3x daily
- Use for drinking water

HOT FLUSHES

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Immune Plus or Vital**
- **Calcium Iron zinc**
- **Kudding Tea**
- **Alkaline cup**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- 1 sachet 2-3x daily
- For drinking water

HYPERACTIVITY

For children of 1—6 years.

For teenagers 11yrs & above

PRODUCT PRESCRIPTION

- **Zinc Granules**
- **Calcium Iron Zinc**

DOSAGE AND USAGE

- 1 sachet 2-3x daily
- 1 cap 2x daily

INSOMNIA

(Inability to have quality sleep)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Propolis-Lecithin**
- **Cordyceps Coffee**
- **Energy Bracelet**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 caps 2x daily
- 1 sachet 2-3x daily
- Wear on the wrist

IMPOTENCY

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Immune Plus or Vital**
- **Calcium Iron zinc**
- **Gingseng Cordyceps**
- **Male Health Pad**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- chew 1 cap 2x daily
- Wear 4-6hours

INDIGESTION

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Kudding Tea**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet daily

INFERTILITY In Men

PRODUCT PRESCRIPTION

- **Vital softgel**
- **Immune Vital**
- **Calcium Iron Zinc**
- **B-Carontene**
- **Anion Pantiliner Strip**
- **Male Health Pad**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- Add to drinking water
- Wear 4-6hours

INFERTILITY In Women

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Immune Vital**
- **Calcium Iron Zinc**
- **B-Carontene**
- **Anion Pantiliner Strip**
- **Anion Pantiliner**
- **Female Health Pad**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- Add to drinking water
- Wear frequently
- Wear each pad 4-6hours

INTESTINAL PARASITE

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Propolis-Lecithin**
- **Kudding Tea**
- **Health Pad (M or F)**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 cap 2x daily
- 1 sachet daily
- Wear each pad 4-6hours

INSECT BITE

PRODUCT PRESCRIPTION

- **Immune Vital or Plus**
- **Herbal toothpaste**
- **Sunlit Antibacterial Liquid**

DOSAGE AND USAGE

- 1 cap 2x daily
- Rub on the affected area
- Clean the affected area

INTERNAL HEAT

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Calcium Iron Zinc**
- **Kudding Tea**
- **Alkaline Cup**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1cap 2x daily
- 1 sachet daily
- Use for drinking water

KELOID

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **B-Carotene**
- **MEBO Cream**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- Rub on the affected are

KIDNEY STONE

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Detox Pro Pack**
- **Calcium Iron Zinc**
- **Immune Vital or Plus**
- **Propolis-Lecithin**
- **Ginseng Cordyceps**
- **Oligo-peptide**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- Dr's assistance needed
- 1 cap 2x daily
- 1 cap 2x daily
- 2 cap 2x daily
- Chew 1 cap 2x daily
- 1 sachet 2-3x daily

LIVER ENLARGEMENT

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **Detox Prop Pack**
- **Hypoglycemic Herbal**
- **Oligo-peptide**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- Dr's assistance needed
- 1 cap 2x daily
- 1 cap 2x daily
- 1 sachet 2-3x daily

LONGEVITY (Anti-Aging)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Calcium Iron Zinc**
- **Immune Vital or Plus**
- **B-carotene**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- 1 cap 2x daily

LARYNGITIS (Sore throat)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Kudding tea**
- **Sunlit mouth wash**
- **Alkaline cup**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet daily
- 1 cap 2x daily
- 1 cap 2x daily

LEUKEAMIA

(cancer of the blood)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Propolis-Lecithin**
- **Calcium Iron Zinc**
- **B-carotene**

DOSAGE AND USAGE

- 2 softgels 2x daily
- 2 cap 2x daily
- 1 cap 2x daily
- 1 cap 2x daily

LOW SPERM COUNT

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **Immune Vital**
- **Ginseng Cordyceps**
- **Kudding Tea**
- **Male Health Pad**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- chew 1 cap 2x daily
- 1 sachet daily
- Wear each pad 4-6hrs

LUMBAGO

(Lowback pain)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Propolis-Lecithin**
- **Calcium Iron Zinc**
- **Oligopeptide**
- **Energy bracelet**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 caps 2x daily
- 1 cap 2x daily
- 1 sachet 2-3x daily
- Wear on the wrist

MALNUTRITION

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Oligopeptide**
- **Calcium Iron Zinc**
- **Zinc Granules (children)**

DOSAGE AND USAGE

- 1 cap 2x daily
- 1 sachet 2-3 daily
- 1 cap 2x daily
- 1 sachet 2x daily

MALARIA

PRODUCT PRESCRIPTION

- **Kudding tea**
- **Immune Plus or Vital**

DOSAGE AND USAGE

- 1 sachet daily
- 1 cap 2x daily

MUSCULAR DYSTROPHY

(Weakness of the Muscle)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Calcium Iron Zinc**
- **B-carotene**
- **Oligopeptide**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 caps 2x daily
- 1 cap 2x daily
- 1 sachet 2-3x daily

MENINGITIS

(Inflammation of the membrane surrounding the brain and the spinal cord)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Propolis-Lecithin**
- **Calcium Iron Zinc**
- **B-carotene**
- **Oligopeptide**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 caps 2x daily
- 1 caps 2x daily
- 1 cap 2x daily
- 1 sachet 2-3x daily

MENOPAUSE

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Immune Plus**
- **Calcium Iron Zinc**
- **B-carotene**
- **Female Health Pad**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 caps 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- Wear each pad 4-6hrs

MENSTRUAL PAIN

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Immune plus**
- **Calcium Iron Zinc**
- **B-carotene**
- **Female Health Pad**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 caps 2x daily
- 1 cap 2x daily
- 2 caps 2x daily
- Wear during menses

and after menses

MOUTH ODOR

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **B-Carotene**
- **Herbal toothpaste**
- **Mouth Wash**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 caps 2x daily
- Brush 2x daily
- Wash mouth 2x daily

NAIL ISSUES

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Calcium Iron Zinc**
- **Oligopeptide**
- **Sunlit Liquid Wash**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 caps 2x daily
- 1 sachet 2-3x daily
- Soak in Warm Water

NAUSEA

PRODUCT PRESCRIPTION

- **GI Vital softgel**

DOSAGE AND USAGE

- Chew 3 softgels 30 minutes before meals

NICOTINE ADDICTION

PRODUCT PRESCRIPTION

- Propolis-Lecithin
- Calcium Iron Zinc
- Detox Pro Pack
- Alkaline Cup

DOSAGE AND USAGE

- 1 caps 2x daily
- 1 cap 2x daily
- Dr's assistance needed
- For drinking water only

NOSE BLEEDING

PRODUCT PRESCRIPTION

- GI Vital softgel
- Propolis-Lecithin
- Oligopeptide

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 cap 2x daily
- 1 sachet 2-3x daily

OSTEOPOROSIS

PRODUCT PRESCRIPTION

- GI Vital softgel
- Calcium Iron Zinc
- Oligopeptide
- Energy Bracelet

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 sachet 2-3x daily
- Wear on the wrist

OVARIAN CYST

PRODUCT PRESCRIPTION

- GI Vital softgel
- Calcium Iron Zinc
- Immune plus
- Female health pad
- Anion sanitary pad
- Anion Pantiliner strip

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- Wear each pad 4-6hrs
- Wear under pant
- Add to drinking water

OVER WEIGHT (Obesity)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Cordyceps Coffee**
- **Islym Gourmet**
- **Kudding Tea**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet daily
- Chew 1-2 bars daily
- 1 Sachet daily

PAKINSON DISEASES

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Calcium Iron Zinc**
- **Oligopeptide**
- **Alkaline Cup**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 cap 2x daily
- 1 sachet 2-3x daily
- For drinking water only

PANCREATITIS (Haemorrhoids)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Hypoglycemic Capsule**
- **Oligopeptide**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1cap 2x daily
- 1 sachet 2-3x daily

PILE

(swelling of the pancreas)

PRODUCT PRESCRIPTION

- **GI Vital softgel**
- **Immune Plus or Vital**
- **Oligopeptide**
- **Health Pad (M or F)**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 cap 2x daily
- 1 sachet 2-3x daily
- Wear each 4-6hrs

PNEUMONIA

(For Adults)

PRODUCT PRESCRIPTION

- Immune Vital or Plus
- Propolis-Lecithin
- Kudung tea

DOSAGE AND USAGE

- 1 caps 2x daily
- 2caps 2x daily
- 1 sachet daily

PNEUMONIA

(For Children)

PRODUCT PRESCRIPTION

- Zinc grannules
- B-carotene

DOSAGE AND USAGE

- 1 sachet 2x daily
- 1 cap 2x daily

POOR ERECTION

PRODUCT PRESCRIPTION

- Immune Vital
- Calcium Iron Zinc
- Ginseng Cordyceps
- Cordyceps Coffee
- Kudung Tea
- Male Health Pad

DOSAGE AND USAGE

- 1 cap 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- Chew 1 sachet daily
- 1 sachet daily
- Wear each pad 4-6hrs

PREGNANCY/LACTATION

(Mother/child nourishment)

PRODUCT PRESCRIPTION

- B-carotene
- Zinc Granules
- Calcium granules

DOSAGE AND USAGE

- 1 cap 2x daily
- 1 sachet 2x daily
- 1 sachet 2x daily

PROSTATE

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **Immune Vital**
- **Ginseng Cordyceps**
- **Male Health Pad**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- Chew 1 cap 2x daily
- Wear each 4-6hrs

PSOARIASIS

(Skin infection causing scaly red patches)

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **B-carotene**
- **Oligopeptide**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- Add liquid to cream
- 1 cap 2x daily
- 1 sachet 2-3x daily

PULMONARY EMPHYSEMA

(Difficulty in Breathing)

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **B-Carotene**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily

QUICK EJACULATION

PRODUCT PRESCRIPTION

- **Immune Vital**
- **Calcium Iron zinc**
- **Ginseng Cordyceps**
- **Cordyceps Coffee**
-
- **Kuding tea**
- **Male Health Pad**

DOSAGE AND USAGE

- 1 cap 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- Chew 1 sachet daily
- 1 sachet daily
- Wear each pad 4-6hrs

RASHES

(In private part of men)

PRODUCT PRESCRIPTION

- Immune plus
- Propolis-lecithin
- Anion Pantliner Strip
- Male Health Pad

DOSAGE AND USAGE

- 1 cap 2x daily
- Chew 1 cap 2x daily
- Add to drinking water
- Wear each 4-6hrs

RASHES

(In private part of Women)

PRODUCT PRESCRIPTION

- Immune plus
- Propolis-lecithin
- Anion Pantliner
- Anion sanitary pad
- Female Health Pad

DOSAGE AND USAGE

- 1 cap 2x daily
- 2 caps 2x daily
- Wear in underpant
- Wear in underpant
- Wear each 4-6hrs

RING WORM

PRODUCT PRESCRIPTION

- Propolis-lecithin
- Immune plus
- Sunlit liquid wash
- Herbal Tooth paste

DOSAGE AND USAGE

- 2cap 2x daily
- 1 cap 2x daily
- Clean affected area
- Rub on affected area

SICKLE CELL

PRODUCT PRESCRIPTION

- GI vital Softgel
- Immune plus or Vital
- Proplis-Lecithin
- B-carotene
- Oligopeptide

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 2 cap 2x daily
- 1 cap 2x daily
- 1 sachet 2-3x daily

SKIN INFECTION

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **Propolis-lecithin**
- **B-Carotene**
- **Oligopeptide**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 cap 2x daily
- 1 cap 2x daily
- 1 sachet 2-3x daily

SINUSITIS

(Swelling in the nose lining)

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **Propolis-lecithin**
- **Cordyceps Coffee**
- **Kuding tea**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 cap 2x daily
- 1 sachet daily
- 1 sachet daily

SNORING

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **Propolis-lecithin**
- **Cordyceps Coffee**
- **Kuding tea**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 cap 2x daily
- 1 sachet daily
- 1 sachet daily

STAPHYLOCOCCUS/ECOLI

(For men)

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **Ginseng cordyceps**
- **Immune vital**
- **Male Health pad**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- Chew 1 cap 2x daily
- 1 cap 2x daily
- Wear 4-6hrs

STAPHYLOCOCCUS/ECOLI

(For women)

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **Propolis-lecithin**
- **Immune plus**
- **Female health pad**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 cap 2x daily
- 1 cap 2x daily
- Rub on the affected area

STRETCH MARKS

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **B-carotene**
- **MEBO Cream**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- Rub on the affected area

STRESS

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **Propolis-lecithin**
- **Cordyceps Coffee**
- **Kuding tea**
- **Energy Bracelet**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 cap 2x daily
- 1 sachet daily
- 1 sachet daily
- Wear on the wrist

STROKE

PRODUCT PRESCRIPTION

- **GI vital Softgel**
- **B-Carotene**
- **Propolis Lecithin**
- **Oligo peptide**
- **Energy Bracelet**
- **Alkaline Cup**
- **Detox Pro Pack**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 2 caps 2x daily
- 1 sachet 2-3x daily
- Wear on the wrist
- For drinking water only
- Dr's assistance needed

TETANUS

- Propolis-lecithin
- Oligopeptide
- Anion Pantliner Strip

DOSAGE AND USAGE

- 2 caps 2x daily
- 1 sachet 2-3x daily
- Add to drinking water

TYPHOID

- Propolis-Lecithin
- Immune plus or vital
- B-carotene
- Kuding tea

DOSAGE AND USAGE

- 2cap 2x daily
- 1 cap 2x daily
- 1 caps 2x daily
- 1 sachet daily

TONSILLITIS

- GI vital Softgel
- Propolis-lecithin
- Sunlit Mouth wash

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 cap 2x daily
- Rinse mouth 2x daily

TOOTH DECAY

- Herbal Toothpaste
- Sunlit Mouth wash

DOSAGE AND USAGE

- Brush 2x daily
- Rinse mouth daily

TUBERCULOSIS

- **GI vital Softgel**
- **Oligopeptide**
- **B-Carotene**
- **Propolis-lecithin**
- **Alkaline cup**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet 2-3x daily
- 1 cap 2x daily
- 2 cap 2x daily
- For drinking water only

ULCER

- **GI vital Softgel**

DOSAGE AND USAGE

- 3-5 softgels 2x daily

ULCER (GASTRITIS)

- **GI vital Softgel**

DOSAGE AND USAGE

- Chew 5 gels every 6hrs

ULCER (DUODENAL)

- **GI vital Softgel**

DOSAGE AND USAGE

- Chew 5 gels every 6hrs

ULCER: (CHRONIC ATROPHIC GASTRIS)

- **GI vital Softgel**

DOSAGE AND USAGE

- Chew 5 softgels 3x daily (30 minutes before meal)

UNDER WEIGHT

- **B-Carotene**
- **Calcium iron zinc**

DOSAGE AND USAGE

- 1 cap 2x daily
- 1 cap 2x daily

VAGINAL DISCHARGE

- **GI vital Softgel**
- **Calcium iron zinc**
- **Immune plus**
- **Propolis-lecithin**
- **Female health Pad**
- **Anion Sanitary pad**
- **Anion pantliner strip**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 cap 2x daily
- 2 caps 2x daily
- Wear each pad for 4-6hrs
- Wear in underpants
- Wear in underpants

VARICOSE VEINS

- **GI vital Softgel**
- **B-carotene**
- **Oligopeptide**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 cap 2x daily
- 1 sachet 2-3x daily

VITILIGO

(Discoloured skin)

- **GI vital Softgel**
- **Oligopeptide**
- **Detox Pro Pack**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 1 sachet 2-3x daily
- Dr's assistance needed

VOMITING

- **GI vital Softgel**

DOSAGE AND USAGE

- Chew 5 softgels 3x daily (30 minutes before meal)

WART

(Tiny Fleshy bumps on the skin)

- **GI vital Softgel**
- **Propolis-lecithin**
- **Ginseng Cordyceps**
- **Immune Vital or Plus**
- **Health Pad (M or F)**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- 2 caps 2x daily
- Chew 1 cap 2x daily
- 1 cap 2x daily
- Wear pad for 4-6hrs

WEIGHT MANAGEMENT/LOSS

- **GI vital Softgel**
- **Islym Gourmet**
- **Cordyceps Coffee**
- **Kudding tea**

DOSAGE AND USAGE

- 3-5 softgels 2x daily
- Eat 1-2 bars daily
- 1 sachet daily
- 1 sachet daily

WOUND

- **GI vital Softgel**
- **GI vital Softgel**
- **Oligopeptide**
- **B-carotene**
- **Propolis-Lecithin**
- **Immune plus**

DOSE AND USAGE

- 3-5 softgels 2x daily
- Apply oil on affected area
- 1 sachet 2-3x daily
- 2 caps 2x daily
- 1 cap 2x daily